## Vidyasagar University

## Curriculum for B.A (General) in Sanskrit [Choice Based Credit System]

## Semester-IV

| Course | Course Code | Name of the Subjects | Course Type/ Nature | Teaching Scheme in hour per week |  |  | Credit | Marks |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | L | T | P |  |  |
| DSC-1D |  | DSC1DT: Sanskrit Grammar | Core Course | 5 | 1 | 0 | 6 | 75 |
| DSC-2D | TBD | DSC-2D (other Discipline) | Core Course |  |  |  | 6 | 75 |
| AECC Core[L-2] |  | Bengali -2 | AECC-Core [Language core] | 5 | 1 | 0 | 6 | 75 |
| SEC-2 |  | TBD | Skill <br> Enhancement <br> Course-2 | 1 | 1 | 0 | 2 | 50 |
| Semester Total |  |  |  |  |  |  | 20 | 275 |

$\mathbf{L}=$ Lecture, $\mathbf{T}=$ Tutorial, $\mathbf{P}=$ Practical, $\mathbf{C C}=$ Core Course, $\mathbf{T B D}=$ To be decided, $\mathbf{D S C}-\mathbf{1}=$ Discipline Specific Core of Subject-1, DSC -2 = Discipline Specific Core of Subject-2.

AECC-Core [L-2]: Ability Enhancement Compulsory Course - Core [Language Core-2]

DSC-1D: Sanskrit Grammar

## Skill Enhancement Course (SEC)

## SEC-2: Basic Elements of Āyurveda <br> Or <br> SEC-2: Yogasūtra of Patanjali

## Semester-IV

## Core Course (CC)

DSC-1D (CC-4): Sanskrit Grammar

Prescribed Course:

| Section 'A' | Laghusiddhāntakaumudī : Samjñ̃ā prakaraṇa |
| :--- | :--- |
| Section 'B' | Laghusiddhāntakaumudī : Sandhi prakaraṇa |
| Section 'C' | Laghusiddhāntakaumudī : Vibhakti <br> prakaraña |

Unit-Wise Division:
Section ' $A$ '
Laghusiddhantakaumudi: Samjuñā Prakaraña

Unit: I Samjñā Prakaraṇa
Section 'B'
Laghusiddhantakaumudi: Sandhi Prakaraṇa

Unit: I ac sandhi:
Unit: II $\quad$ hal sandhi:
ścutva, sțutva, anunāsikatva, chhatva and jaśtva visarga sandhi: utva, lopa, satva and rutva

## Section ' C '

Laghusiddhāntakaumudī: Vibhaktyartha Prakaraṇa

Unit: I Vibhaktyartha Prakaraṇa

1. धरानन्द शास्ती, लघुसिद्धान्तकौमुदी, मूल एवं हिन्दी व्याख्या, दिल्ली।
2. भीमसेन शास्त्री, लघुसिद्धान्तकौमुदी भैमी व्याख्या (भाग-1), भैमी प्रकाशन, दिल्ली।
3. चारुदेव शास्त्री, व्याकरण चन्द्रोदय (भाग-1,2 एवं 3 ), मोतीलाल बनारसीदास, दिल्ली।
4. सत्यपाल सिंह (संपा.), लघुसिद्धान्तकौमुदी: प्रकाशिका नाम्नी हिन्दी व्याख्या सहिता, शिवालिक पब्लिकेशन, दिल्ली, 2014 ।
5. V.S. Apte, The Students' Guide to Sanskrit Composition, Chowkhamba Sanskrit Series, Varanasi (Hindi Translation also available).
6. M.R. Kale, Higher Sanskrit Grammar, MLBD, Delhi (Hindi Translation also available).
7. Kanshiram, Laghusiddhāntakaumudī (Vol. I), MLBD, Delhi, 2009.
8. Online Tools for Sanskrit Grammar developed by Computational Linguistics Group, Department of Sanskrit, University of Delhi: http://sanskrit.du.ac.in.

# Skill Enhancement Course (SEC) 

## SEC-2: Basic Elements of Āyurveda

## SEC2T: Basic Elements of Āyurveda

## - Prescribed Course:

Section 'A' Introduction of Āyurveda
Section 'B' Carakasaṛhitā - (Sūtra-sthānam)
Section 'C' Taittirīyopaniṣad

## Unit-Wise Division:

## Section 'A' <br> Introduction of Āyurveda

Introduction of Āyurveda, History of Indian
Unit: I

Unit: II

Unit: I Regimen of Fall Winter (Hemanta), Winter (Śiśira) \& Spring (Vasanta) seasons.
Regimen of Summer (Grīṣma), Rainy (Varṣā) and Autumn (Sarada) seasons.

# Section ' C ' Taittirīyopaniṣad 

Unit: I Taittirīyopanishad—Bhṛguvalli, anuvak 1-3
Unit: II Taittirĩyopanishad-Bhrguvalli, anuvak 1-3

## - Suggested Books/Readings:

1. Brahmananda Tripathi (Ed.), Carakasamhitā, Chaukhamba Surbharati Prakashana, Varanasi, 2005.
2. Taittirīyopaniṣad-Bhṛguvalli.
3. Atridev Vidyalankar, Ayurveda ka Brhad itihasa.
4. Priyavrat Sharma, Caraka Chintana.
5. V. Narayanaswami, Origin and Development of Āyurveda (A brief history), Ancient Science of life, Vol. 1, No. 1, July 1981, pages 1-7.

SEC-2: Yogasūtra of Patanjali
Credits 02
SEC2T: Yogasūtra of Patanjali

## Prescribed Course:

Section 'A' Yogasūrta of Patanjali: Samādhi Pāda
Section 'B' Yogasūrta of Patanjali: Sādhana Pāda

Section 'C' Yogasūrta of Patanjali: Vibhūti Pāda

Unit-Wise Division:

## Section ' $A$ ' <br> Yogasūrta of Patanjali - Samãdhi Pāda

Unit: I Yogasūrta of Patanjali: Samādhi Pāda (Sutras: 1-15)
Unit: II Yogasūrta of Patanjali: Samādhi Pāda (Sutras: 1629)

Section ' $B$ '
Yogasūrta of Patanjali: Sādhana Pāda

Unit: I Yogasūrta of Patanjali: Sādhana Pāda (Sutra: 29-45)
Unit: II Yogasūrta of Patanjali: Sādhana Pāda (Sutras: 46-55)

## Section ' $C$ ' <br> Yogasūrta of Patanjali: Vibhūti Pāda

Unit: I Yogasūrta of Patanjali: Vibhūti Pāda (Sutras: 1-3)

## Suggested Books/Readings:

1. Pātanjala Yogadarśana, Gita Press, Gorakhpuı
2. Yogapradīpa, Gita Press, Gorakhpur.
